

ALL AT SEA

SOUTH FLORIDA

Inside: Family Life Cat Style

TOP SPOTS Northern Abacos
Reserva **RUM** Review
ANCHORING in South Florida

SOUTH FLORIDA NEWS



NEW 'WELLTH SATURDAYS' KICKS OFF AT ISLAND GARDENS DEEP HARBOUR

The Deck at Island Gardens, Miami's latest and most spectacular superyacht marina-based outdoor lounge, played host to the kick-off of a new Wellth Program. On April 23, participants enjoyed the Earth Day Yoga Festival, which featured day-long yoga classes, guided meditations and a holistic vendor showcase. There was also an organic vegan brunch served as well as live music. The day concluded with a water blessing ceremony led by international yoga teacher and media personality, Dashama Konah, with picturesque Downtown Miami and Biscayne Bay in the background.

The Earth Day event marked the beginning of the 'Wellth Saturdays'. The idea is that we are curating different holistic activities, food and vendors and bringing a sense of wellness and the wellness community together to breed life into the weekends before the dinner or drinks crowd," explains

Bahar Bayraktar, vice president of marketing and communications for the Miami, Florida-based Flagstone Property Group, which owns the Deep Harbour at Island Gardens, North America's only marina designed exclusively for superyachts. "We continue to host similar events each Saturday. www.islandgardens.com

NEW NAME, NEW LINES – TWIN VEE POWERCATS

A desire to focus almost exclusively on its iconic high-speed, catamaran powerboats has led Fort Pierce, Florida-based ValueRich, Inc. to divest much of its real estate holdings and change its trade name to Twin Vee PowerCats, Inc. It's a move that the company hopes will significantly improve sales and distribution of its powercats.

"We are extremely excited about the NEW Twin Vee," says

CEO Joseph Visconti. "Our team is working hard to launch several new product lines and refine many of the existing models to better serve our customer base."

Twin Vee PowerCats is designing a new line called the 'Italia'. The boats feature the same great Twin Vee hull from the sheer line down, but everything else is new. The first Twin Vee Italia is a 23-foot run about, with dual consoles, wrap around windows and family-styled seating. The company's plan is to make this boat with extremely clean, modern and Italian inspired lines and sell it with a price that's extremely affordable. The company is also overhauling its 36-foot Ocean Cat by giving it a new hull with raised sheer line, all new top cap with proper built in storage, lockers and family seating and built-in windless anchor locker. Twinvee.com



SO REAL... IT COULD FOOL MOTHER NATURE




NUTEAK
THE LOOK AND FEEL OF REAL TEAK

MAINTENANCE FREE
NON-SKID WET OR DRY
STAIN RESISTANT
CAN BE PRESSURE WASHED
COSTS LESS THAN TEAK

NUTEAK.com • 954-321-2447

YACHT CREWS: ONE-YEAR ISS MEMBERSHIP – FREE

Yacht crews can now obtain one-year free membership in the Fort Lauderdale, Florida-based International Superyacht Society (ISS) thanks to support by the Wright Maritime Group (WMG). This offer is for yacht crew who have STCW Basic Safety Training.

"There are compelling reasons for crew to become involved in the International Superyacht Society and for ISS to support crew. WMG feels strongly enough to underwrite this mutually beneficial relationship by sponsoring the initiative," says AJ Anderson, WMG Managing Director/CEO and ISS Director as well as membership and technical committees chair, according to a release.

Benefits to crew of membership in the ISS include relationship building with industry executives, influencing regulated and non-regulated crew training curriculum, establishing a position as a leading industry professional and playing a key role in the industry's direction. The ISS' mission is to ensure sustainability and excellence in the global superyachting industry. www.superyachtsociety.org



MISS GEICO RACING RETOOLS FOR A COMEBACK

A step backward from winning multiple world championships on the Super Boat International (SBI) and Offshore Powerboat Association (OPA) circuits to struggling to finish races in 2015 has led the GEICO racing team to retool its engine platform. The game plan is to start the season with four identical race

engines, two on the boat and two as backups. Then, develop another pair of engines to produce additional horsepower while maintaining reliability in time to go after a 9th title at the World Championships in Key West this November.

The Miss GEICO Victory is a 50-foot high performance catamaran made of carbon, Kevlar and S-glass. It sports a pair of 1650 RACE Sterndrive engines producing 3,300 horsepower for top speeds of 200 mph. On the water, Miss GEICO is under the control of driver Marc Granet and throttleman Scott Begovich, who have been working together since the team launched in 2004. www.missgeicoracing.com

ALL AT SEA
SOUTH FLORIDA

COVER SHOT:
Photo Courtesy of Miss GEICO racing team

Montauk Yacht Club Resort & Marina
Montauk, NY

North Cove Marina
Manhattan, NY • NY Harbor

Newport Yacht Club & Marina
Jersey City, NJ • NY Harbor



MONTAUK, NY
MANHATTAN, NY
NEWPORT, NJ

LUXURY DESTINATIONS | IMPECCABLE SERVICE | UNRIVALED REPUTATION

BOOK YOUR NEXT ADVENTURE

WWW.IGYMARINAS.COM

ST. PETERSBURG, FL

CABO
SAN LUCAS,
MEXICO

TURKS & CAICOS

ST. THOMAS

ST. MAARTEN

ST. LUCIA

BOCAS
DEL TORO,
PANAMA
Panama Canal

SANTA MARTA,
COLOMBIA

IGY
MARINAS

Whether you travel the globe or just get out for weekend getaways, IGY's collection of marinas has luxury slips—and the array of top-notch services—to earn your attention and keep you coming back. **Maybe that's why over half of North America's megayacht traffic stays at an IGY facility.**

Connect with us



IGY ANCHOR CLUB STRATEGIC PARTNERS

TOP DESTINATIONS IN THE NORTHERN ABACOS

LIFESTYLE

STORY AND PHOTOS BY CAPTAIN SHANE,
SV GUIDING LIGHT



When you cruise the Abacos you are mostly visiting the chain of barrier islands to the east of Great Abacos Island and we are going to start this article at the northernmost island, Walker's Cay. Up until recently this island hosted a popular sport fishing resort, but a hurricane destroyed it.

Grand Cay is about five miles away and is actually a group of five islands forming a fantastic little harbor and is our first settlement. When ashore I am sure you will inevitably end up at Rose's Place for a drink.

Just three miles away is Double Breasted Cays and you will definitely want to visit when you have settled weather. These cays are unique because you can anchor around a small sand flat and still have



some protection. In fact, you may never want to leave this little piece of paradise.

Our next anchorage is between Yankee Cay and Carter's Cay. It is popular with the local fishermen, but not with cruisers. This used to be a US missile tracking base and was busy during the space race.

Allen-Pensacola Cay was two different islands until the 60s when a hurricane filled in the land between them. Here you will find a nice anchorage and a short hiking trail to the "Signing Tree" where people leave stuff with their boat name.

Spanish Cay is a private island with a resort and marina, so if you need services this is a great stop.

Continuing south, you can stop at Powell Cay to see a wonderful beach and climb to the top of the small bluff which provides a great view of the bay.

Manjack Cay, also known as Nunjack, is a great place to enjoy some hiking, great beaches, and nice anchorages and you can always take the dinghy to the reef half a mile offshore.

Our last stop this issue will be Green Turtle Cay with the town of New Plymouth being the second settlement reached. It is a charming town steeped in history and offering much to do. After you have taken a stroll through town you should visit the



FISHING TOURNAMENTS

BERMUDA

JULY 3 – 7

Bermuda Billfish Blast

www.bermudabillfishblast.com

JULY 9 – 11

Bermuda Release Cup

www.bermudatriplecrown.com

JULY 13 – 17

Bermuda Big Game Classic

www.bermudabiggameclassic.com

DOMINICAN REPUBLIC

JULY 14 – 17

Puerto Bahia Open Billfish Tournament

wtevents01@gmail.com

KEY LARGO, FL

AUGUST 3 – 4

Hooked on Kids Charity Fishing Tournament

www.sheridanhouse.org/web/events/fishing-tournament/
954-983-4360

KEY WEST, FL

JULY 20 – 23

Key West Marlin Tournament

www.keywestmarlin.com
scott@keywestmarlin.com
305-292-2710

NORTH PALM BEACH, FL

AUGUST 13

Anchorage Aweigh Fishing Tourney

www.village-npb.org/467/
Anchorage-Aweigh-Fishing-Tournament
561-841-3386

POMPAÑO BEACH, FL

AUGUST 4 – 7

Pompano Beach Saltwater Showdown

www.bluewatermovements.com/saltwater_showdown/
info@bluewatermovements.com

Continued on page SF13

Albert Lowe Museum and walk through a period house of a local sea captain. The Captain Roberts Center is a combination of a small museum and a nature center. The Sculpture Garden is well worth a visit as you gaze upon the bronze busts and statues. Another place to make a quick stop is the old jail with stairs leading to the gallows. With a population of 450 you have a few dining options. The Wrecking Tree is known for the grouper sandwich, Sunset is the place to be at night, and of course there's Emily's Blue Bee Bar home of the famous Goombay Smash.

Green Turtle Cay has two different harbors providing all around protection where you can stay while waiting for a Rage to pass, which is a local sea state where the ocean inlets are temporally untenable due to waves and surge. It is most important here because you have to sail out and around Whale Cay in order to continue further south and see the Hub of the Abacos, which I will write about next issue. ☺

Visit www.svGuidingLight.com to read more from Captain Shane about the Bahamas, Caribbean, life aboard, and more.

COUPLE OPTS FOR SAILOR'S LIFE ABOARD A WHARRAM CATAMARAN

LIFESTYLE BY JILL ZIMA BORSKI

PHOTO COURTESY OF KC GUNN

A couple has chosen the sailor's life, ruled by ropes and pulleys, wind and tides rather than the almighty dollar or family expectations. KC Gunn and Troy Roberts are raising their two daughters aboard a Polynesian-style catamaran that has a six- to seven-foot draft.

Roberts was born in Birmingham, Ala. and learned about sailing by hanging out at docks, finding the oldest among the "old salts" and picking their brains for knowledge. A former motorcycle stunt man, he said, "Sailing is the only thing that's fun at six miles an hour!" After buying a sailboat, he called his father to tell him, "I'll never live on land again." Roberts considers sailing "active meditation: you have to cooperate with the atmosphere."

Gunn, born in Anderson, Ind., never saw the ocean until she was 18. But once she did, she earned her masters diving certificate in the Philippines and worked as an underwater commercial photographer. She had been working as a fashion photographer in New York City and needed a change.



PHOTO BY JILL ZIMA BORSKI

The couple recently landed in Islamorada in the Florida Keys, where they met originally, because they missed their fathers more than they thought they would. They are helping their retired fathers to refurbish their own sailboats (Gunn's father

EAST YACHTS LTD
IS PROUD TO PRESENT

M/S Turkish Delight



Turkish Delight is an 85ft Turkish Gulet that has been lovingly restored and is now available in the Greek Islands and Southern Turkey between May and Oct for long or short term charters for up to 8 guests.

For booking information, email us at charter@eastyachts.com or visit www.turkishcharters.com and find out how to customize an itinerary along the turquoise coast. The Mediterranean's finest waters.

Our World class private chef will ensure the very best gastronomic experience and the professional crew will deliver you to superb anchorages in safety and comfort.

CHARTER@EASTYACHTS.COM
WWW.TURKISHCHARTERS.COM



PHOTO COURTESY OF KC GUNN



PHOTO BY JILL ZIMA BORSKI



PHOTO COURTESY OF KC GUNN

has a 1970s-era 42-foot Wharram), in order to join them on an adventure to the Bahamas.

Three-year-old Naia Gunn Roberts and seven-month-old Mira Gunn Roberts have grown up on a sailboat. "They don't know what they don't have," Roberts said. What they do have is quality time with their parents, a rope swing and a few toys for entertainment, and an expansive ocean vista. The couple plans on homeschooling them, especially with access to curriculum geared to "sailing kids."

"I want them to prosper and grown in their own way," said KC. "We like to keep moving. We want to circumnavigate, and the kids will have friends all over the world."

The family also has a pit bull-mix dog named Marley, procured from an animal shelter.

For three years now, Roberts has owned his James Wharram-designed catamaran with double canoes as hulls. In the mid-1950s, Wharram, nominated as 2016 Yachtsman of the Year by "Classic Boat" magazine, built his first off-shore catamaran in Britain. Roberts likes the design because it utilizes ropes and pulleys and not a lot of hardware that can rust. He said he and Gunn overbuilt the beams and riggings to ensure seaworthiness and safety.

The family uses a motorized dinghy for shore excursions that can be lifted completely out of the water by a pulley system to be stored beneath the hull. The dinghy has a 20 horsepower motor. When in the lowered position, it can propel the entire sailboat or help stabilize it in case of extreme tides or narrow channels that make navigation challenging.

On a recent excursion to the Bahamas, the couple learned that solar power and refrigeration were desirable. After spearfishing for three hours to find a fish for dinner, they had no way to refrigerate it and ice was hard to come by, so they ended up sharing their extras with fellow sailors. They returned to home base in the Florida Keys to buy and install a refrigerator.

Part of their appreciation of the sailing life is that they have sailed 500 miles with \$10 on hand; when they reached their destination, they still had the \$10.

The family planned to participate in the Hui Wharram May 20-22 in North Fort Myers, Fla. Departing May 18, they looked forward to swapping tales, learning from others and sharing a few tips of their own. After voyages through the Windward Passage and to Haiti and the Virgin Islands, the couple intends to have two extra deckhands in their growing daughters, and then sail through the Panama Canal on their way to the Philippines. 🌐



Resort-style marina featuring 117 slips for vessels up to 180 feet. Daily and contracted rates available. Enjoy private pool & spa, tennis courts, two 18-hole golf courses, and Bourbon Steak, a Michael Mina Restaurant at Turnberry Isle Miami Resort, as well as shopping at nearby Aventura Mall. Private charters and sports fishing adventures may also be arranged.



*Turnberry Isle Marina
Yacht Club*

**N 25° 57.450' W 080° 07.660'
MONITOR CHANNEL 68**

19735 Turnberry Way, Aventura, FL 33180 | P. 305.933.6934 | F. 305.933.6908 | turnberryislemiami.com | omellado@turnberry.com

ALTERNATIVE ANCHORAGE OPTIONS IN SOUTH FLORIDA

LIFESTYLE STORY AND PHOTOS BY TERRY BORAM



The 2016 Florida legislative session hit South Florida hard with anchoring restrictions in Fort Lauderdale and Miami. As of July 1, 2016, boaters can no longer anchor overnight in Middle River, Sunset Lake or between Rivo Alto Island and Di Lido Island, San Marino Island and San Marco Island, and San Marco Island and Biscayne Island. This has left many cruisers scrambling for locations to provision or simply rest before proceeding to points east. The area has, however, a variety of anchorages and marinas worth checking out.

Lake Sylvia in Fort Lauderdale is a quiet cove south of Bahia Mar. From Port Everglades channel, follow the ICW north to G13. Proceed towards the Bahia Mar, then head south hugging the east seawall, staying no more than 50 feet off channel depths of 6 - 7 feet. Arrive early in the day since this anchor tends to fill up quickly. Weekends are extremely busy with day boaters.

Provisioning can be done from this location using the dinghy dock at Southport Raw Bar at a cost of \$10 (which you will get

back if you purchase food). To access from Lake Sylvia, take the southernmost canal in the anchorage west, crossing over the ICW to the canal directly ahead. The dock is at the end of this canal. Publix, Winn Dixie, and Ace Hardware are within a one mile walk.

Availability of slips and moorings for average sized sailboats are few in Fort Lauderdale, dubbed the "Yachting Capital of the World." **The Fort Lauderdale City Mooring Field** is on the southwest side of the Las Olas bridge with only ten moorings for 50-foot LOA. Up the New River are several marinas with side ties along the concrete seawall. Check out **City of Ft. Lauderdale at Cooleys Landing** which has great access to restaurants and shopping.

No Name Harbor off the Cape Florida Channel leading into Biscayne Bay is a very popular anchorage for jumping off to the Bahamas. Situated within Bill Baggs State Park the anchorage is well protected, with good holding. There is an overnight fee of \$20.00 and \$8.00 for day use. Keep in mind

this anchorage gets very tight during the winter months when cruisers are waiting for weather windows to cross the Gulf Stream, and weekends fill up with day use boaters.


The approach is quite accessible from the ocean and bay with an 11-foot deep channel and depths inside from 12 - 15 feet.

Tie your dinghy along the seawall to have access to a washer and dryers at the pavilion by the entrance to the harbor, a Cuban restaurant on the south end of the basin and walking paths to a great beach. The harbor also has a free pump out. A Winn Dixie is a 2-mile walk or bicycle ride away with an Ace Hardware along the way.

If there is "no room at the inn" at No Name Harbor and you are already provisioned, continue west into Biscayne Bay to find several anchoring options. **Key Biscayne Bight** or as locals call it Nixon's Sandbar, is on the western shore just north of the R4 at the end of Cape Florida Channel. This is an open anchorage with good protection from north through southeast winds. Heed the markers for the shallows on the north and south side of this anchorage. It shallows quickly. The sandbar to the south end of the anchorage is very popular during the weekends with loud music and plenty of jet skiers. Stay to the north side near Key Biscayne Yacht Club for a quieter experience. There is plenty of water with 10 - 12 feet even close to shore.

For greater protection go inside the narrow channel at the south of this anchorage to enter **Hurricane Hole**. In the channel, hang close to the north seawall for best depth. Once inside depth is 12 - 13 feet. Neither one of these anchorage has shore access.

This area of Biscayne Bay also has two marinas with slips and moorings both offering access to shopping, laundry and fuel. **Crandon Park Marina** is located on the northwest corner of Biscayne Bay near Bear Cut. Follow the channel to stay in six feet of water. The marina has slips up to 80 feet LOA and 60 mooring balls for sailboats up to 40 feet LOA. There is a fuel dock and pump out as well as ice and laundry on site. Shopping and restaurants are within walking distance of the marina. You must use your own dinghy to get ashore from the mooring field.

Dinner Key Marina is on the eastern shore in Coconut Grove. It too has slips and moorings available for transients on a first come, first serve basis. The marina has on-site laundry and walking distance to grocery and hardware stores within walking distance. A shuttle runs to the mooring field on the hour between 8 a.m and 5 p.m. If you find the marina full, anchor to the east side of the Dinner Key Channel. There is plenty of room with good holding, however, be mindful the area is exposed to everything but a WNW blow. 

Continued from page SF7

FISHING TOURNAMENTS CONTINUED...

PROVIDENCIALES, TURKS AND CAICOS

JULY 7 - 11

The Caicos Classic
Release Tournament
caicosclassic.tc
info@CaicosClassic.tc
649-231-0278

WEST PALM BEACH, FL

AUGUST 13

Anglers For The Cure
www.anglersforthecure.com

WORLDWIDE

JULY 4

World Cup Blue Marlin
Tournament
www.bluemarlinworld
cup.com

SAILING REGATTA

MIAMI, FL

JULY 16

CGSC Sr Commodore's
Cup
www.cgsc.org

AUGUST 6 - 7

Single Handed and
Double Handed Race
www.cgsc.org



MHG INSURANCE BROKERS CELEBRATES SILVER ANNIVERSARY

LIFESTYLE BY CAROL M. BAREUTHER



The sheer growth in the sum and size of yachts is one of the biggest changes Andrew Dudzinski and John Haagensen, founders and owners of MHG Insurance Brokers have seen in the last twenty-five years since opening their first office in Fort Lauderdale, Florida, in 1991. Today, the duo and their 30 employee strong team in offices both in the U.S. and Europe count over 20 percent of the top 200 largest yachts in the world as clients.

"Initially, the focus was on providing crew insurance to captains, officers and crew members working on board cruise ships," explains marketing manager, Melissa Gribas. "Benefits were well received and a few years later we began offering crew insurance to the yacht industry. Today, the biggest need is finding the right insurance broker that is not tied to a specific company or product, who will find the client the right insurance based on their requirements."

Another big change in the last quarter century, specifically in the maritime sector as a whole is the Maritime Labour Convention and the Affordable Care Act, which is also called

Obamacare. These have affected crew insurance, but Gribas says MHG is also seeing that owners are looking at crew as less of a commodity and more as valued employees. Owners are therefore wanting to provide insurance to protect these workers against sickness and injury.

One of MHG's greatest accomplishments since its founding, says Gribas, has been the development of quality, competitive insurance products for its clients. She says the company regularly anticipates and reacts to regulatory changes, recruitment trends and also member feedback. In doing so, MHG has created several of its own plans and been instrumental in the development of others.

"As we enter our 25th year, we have several ongoing projects, Overall, however, we're going to continue to focus on providing our clients with the best possible service, because that's what they have come to expect from us. As the industry's needs change, so will MHG's approach to be sure that the insurance plans remain relevant, appropriate and competitive," she says.



Destination: Fort Pierce

Experience Florida's Newest Marina in the Heart of Historic Downtown Fort Pierce

- ⚙️ Fueling 22 hours/day, 7 days/week
- ⚙️ Free wifi
- ⚙️ 12 restaurants within 2 blocks
- ⚙️ Close proximity to Bahamas
- ⚙️ State-of-the-art concrete floating docks
- ⚙️ #1 Farmers' Market every Saturday on-site
- ⚙️ Within 2 nautical miles of best all weather inlet
- ⚙️ Visit our website to view live webcams



FPCM@CITY-FTPIERCE.COM | 1-800-619-1780 | FORTPIERCECITYMARINA.COM

DON PANCHO ORIGENES RESERVA 8 YEAR OLD

RUM BY CLINT AND TERRY BORAM

We first sampled Don Pancho Origenes Reserva 8 year old rum in March writing a very lackluster review. Taking a step back, we revisited the rum in May, opting to sample as the producers of the rum suggested: "neat, on the rocks, or in a fine cocktail." This time we found a bit more to write about.

Francisco Jose Fernandez Perez, better known as Don Pancho, dedicated over 50 years of his life to the research and development of rum in the Cuban style. His knowledge and input was fundamental during the transformation of the Cuban rum industry in the 1970s. In the 1990s Don Pancho left Cuba for Panama where he and business partner Carlos Esquivel discovered a neglected distillery with a copper column still dated 1922, made by American Copper and Brass Works. Together they transformed Las Cabras Distillery into one of the great rum distilleries in the world.

After fifty years in the industry, Don Pancho wanted to create his own signature line. He began with the rare Origenes Don Pancho 30 year old (\$425) which was quickly followed by the award-winning Reserva Especial 18 year old (\$90). Don Pancho concluded his line with Don Pancho Origenes Reserva 8 year old reminiscent of the rums he used to drink in his younger years in Cuba. At \$40 a bottle, the 8 year old is more widely distributed than the other two in the signature line.

HE SAID

There's an immediate alcohol burn on the nose which eventually gives way to citrus and earthy notes. Surprisingly, the sip is smooth with orange and vanilla, however these dissipate immediately. Additional sips doesn't expose any more character. On the rocks does accentuate the orange and vanilla, adding some floral and a hint of tobacco notes. Mixed with mango and orange juice, the orange notes of



the rum over-emphasize the sweetness, leaving me to add more rum to balance out the juice. I preferred this rum on ice.

SHE SAID

The golden honey hue is inviting with some lacing on the glass. The orange bouquet with an ever so slight hint of vanilla is very inviting. The liquid literally fills my senses with alcohol leaving me unable to find a single note. Another sip brings out some orange but nothing else. Additional sips bring more of the same boring experience. I agree with Clint though, this rum should be experienced over ice. It is there you get the vanilla, nutty and oaky notes. The cocktail is fine with me since I prefer a sweeter drink.

OVERALL

For an eight year old we were actually impressed we found some complexity. At \$40/bottle it is worth adding to your collection.

RATING: 3 OF 5



SIPPING RUM SCALE

- 1 – An expensive mixer
- 2 – A quick celebratory shot
- 3 – Wouldn't be embarrassed to share with friends
- 4 – Are my friends worthy of a sip
- 5 – Special moments rum

ABOUT CLINT AND TERRY: *We have sampled many a dram over our 33 years of marriage and quite often we don't fully agree. Could be the difference is male/female taste buds. Or, somebody is just wrong.*